




# GRAPEVINE MARTIAL ARTS

ACADEMY AND PRO SHOP

[www.MasterHans.com](http://www.MasterHans.com)

1303 W. NORTHWEST HWY., SUITE B, GRAPEVINE, TX 76051 METRO (817) 481-3400



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	SATURDAY	
AEROBIC BURNER		AEROBIC BURNER		FORMS		FORMS		SPARRING	COMBINATION	
Downstairs	Upstairs	Downstairs	Upstairs	Downstairs	Upstairs	Downstairs	Upstairs	Downstairs	Downstairs	Upstairs
12:00 – 1:00 <b>ADULTS</b> All belts		KEEP UP WITH EVENTS AND SCHEDULES <a href="http://www.masterhans.com">www.masterhans.com</a>		12:00 – 1:00 <b>ADULTS</b> All belts		PRIVATE LESSONS AVAILABLE DAILY 1:00 - 4:00pm <i>call to schedule</i>		12:00 – 1:00 <b>ADULTS</b> All Belts <i>(Pre-Sign Up Required)</i>	9:30 – 10:30 <b>ADULTS</b> All Belts	
4:00 - 5:00 <b>CHILDREN</b> White Thru 2 <sup>nd</sup> Yellow	4:45 - 5:15 <b>LITTLE NINJAS</b> 4&5 Years Of Age	4:15 - 5:00 <b>NIÑOS Y NIÑAS</b> Todos Los Cinturones  <i>nueva clase!</i>		4:00 - 5:00 <b>CHILDREN</b> White Thru 2 <sup>nd</sup> Yellow	4:45 - 5:15 <b>LITTLE NINJAS</b> 4&5 Years Of Age	4:15 - 5:00 <b>NIÑOS Y NIÑAS</b> Todos Los Cinturones  <i>nueva clase!</i>		1:00 - 5:00  <b>***PRIVATE LESSONS AVAILABLE AT THIS TIME***</b>	10:45 - 11:45  <b>CHILDREN</b> All Belts	
5:15 – 6:15 <b>ADULTS</b> Brown & Black	5:15 – 6:15 <b>CHILDREN</b> Brown & Black	5:15 – 6:15 <b>CHILDREN</b> Blue thru Black	5:15 – 6:15 <b>CHILDREN</b> White thru 2 <sup>nd</sup> Green	5:15 – 6:15 <b>ADULTS</b> Brown & Black	5:15 – 6:15 <b>CHILDREN</b> Brown & Black	5:15 – 6:15 <b>CHILDREN</b> Blue & Red	5:15 – 6:15 <b>CHILDREN</b> White thru 2 <sup>nd</sup> Green	5:15 – 6:15 <b>CHILDREN SPARRING</b> All Belts	12:00 – 1:00  <b>NEW STUDENT ORIENTATION START UP CLASS</b>	
6:30 – 7:30 <b>ADULTS</b> White thru 2 <sup>nd</sup> Red	6:30 – 7:30 <b>CHILDREN</b> Green thru 2 <sup>nd</sup> Red	6:30 – 7:30 <b>ADULTS</b> All Belts	6:30 – 7:15 <b>WEAPONS</b> Beginner Cane	6:30 – 7:30 <b>ADULTS</b> White thru 2 <sup>nd</sup> Red	6:30 – 7:30 <b>CHILDREN</b> Green thru 2 <sup>nd</sup> Red	6:30 – 7:30 <b>ADULTS</b> White thru 2 <sup>nd</sup> Red	<b>ALL BROWN &amp; BLACK BELTS MASTER CLASS</b>	6:30 – 7:30 <b>ADULT SPARRING</b> All Belts	2:00 – 2:45  <b>NIÑOS Y NIÑAS</b> Todos Los Cinturones  <i>nueva clase!</i>	
7:45 – 8:30 <b>TAI CHI ADULTS</b>	7:45 - 8:45 <b>ADULTOS</b> Todos Los Cinturones  <i>nueva clase!</i>			7:45 - 8:45 <b>ADULTOS</b> Todos Los Cinturones  <i>nueva clase!</i>				7:45 – 8:30  <b>TAI CHI ADULTS</b>	 Effective 8/1/2010  3:00 – 4:00  <b>ADULTOS</b> Todos Los Cinturones  <i>nueva clase!</i>	



\*\*\*Other PRIVATE LESSON times available by appointment only.

Private Lessons with Master Jean or Master Scott  
\$60.00 One Hour // \$ 30.00 One/Half Hour



\*\*CHILDREN CAN ONLY BE DROPPED OFF 10 MINUTES BEFORE CLASS  
\*\*CHILDREN MUST BE PICKED UP NO MORE THAN 10 MINUTES AFTER CLASS

**\*\*STUDENTS & SIBLINGS NOT WORKING OUT MUST REMAIN IN THE  
OBSERVATION WAITING AREA OR STUDY ROOM DURING WORKOUT**